

News Briefs

MSG change of command

Col. Keith Keck will relinquish command of the 14th Mission Support Group to Col. Eugene Willett during a ceremony at 9 a.m. Monday at Ceremonial Plaza in front of the wing headquarters building.

OSS change of command

Lt. Col. David Snyder will relinquish command of the 14th Operations Support Squadron to Lt. Col. Robert Marrazzo during a ceremony at 8 a.m. Tuesday at Hangar Four.

ASIST

Applied Suicide Intervention Skills Training is from 8 a.m. to 4 p.m. Wednesday and Thursday at the chapel annex. The training is recommended for supervisors but open to all BLAZE TEAM members. Participants will focus on honing intervention skills when confronted with a suicidal co-worker, friend or troop. Thirty slots are available. Refreshments will be served. For more information or to sign up, call Ext. 2239.

New youth center hours

Effective July 1, the youth center office is open from 10 a.m. to 6 p.m. Monday through Friday and 1 to 5 p.m. Saturday. Open recreation is available from 4 to 8 p.m. Monday through Thursday, 4 to 10 p.m. Friday, and 1 to 5 p.m. and 6 to 10 p.m. Saturday.

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Dr. Mario Mercado joins Columbus AFB's BLAZE TEAM as the Sexual Assault Response Coordinator.



Kathleen Williams, Miss Teen Mississippi 2005, poses next to a T-38C Talon during a visit to Columbus AFB Monday. Ms. Williams is a Columbus native and was on-site to film footage for a Miss Teen USA video collage. In August, she will compete in the Miss Teen USA competition in Baton Rouge, La.

2nd Lt. Ryon Hardy

Gen. Looney takes command of AETC

RANDOLPH AFB, Texas — Gen. William Looney III became Air Education and Training Command's commander here June 17 taking the helm of the Air Force's "First Command."

Gen. John Jumper, Air Force chief of staff, presided at the flightline ceremony, which was attended by more than 1,200 people.

General Looney comes to AETC after commanding the Aeronautical Systems Center at Wright-Patterson AFB, Ohio. He also served as commander of the Electronic Systems

Center at Hanscom AFB, Mass.; 14th Air Force at Vandenberg AFB, Calif.; the Space Warfare Center at Schriever AFB, Colo.; the 1st Fighter Wing at Langley AFB, Va.; and the 33rd Fighter Wing at Eglin AFB, Fla.

As commander of AETC, General Looney is responsible for recruiting, training and educating Air Force people. His command includes Air Force Recruiting Service, two numbered air forces and Air University. AETC consists of 13 bases, more than 66,000 active-duty members and 15,000 civilians.

During the ceremony, General Jumper also recognized the achievements of the command and its previous commander, General Donald Cook.

AETC was presented the Organizational Excellence Award for "exceptionally meritorious service" from Oct. 1, 2002 through Sept. 30, 2004. During this period the command, which oversees the professional training and education of nearly 500,000 people annually, established the Combat Convoy Course.

See **COMMAND**, Page 2

COLUMBUS AFB TRAINING TIMELINE

PHASE II				PHASE III				WING SORTIE BOARD			
Squadron	Senior Class	Squadron Overall	Track Select	Squadron	Senior Class	Squadron Overall	Graduation	Aircraft	Required	Flown	Annual
37th (06-05)	-3.06 days	-1.19 days	July 21	48th (05-11)	0 days	0.86 days	June 30	T-37	2,237	2,150	22,070
41st (06-04)	0.62 days	1.32 days	June 28	50th (05-11)	2.6 days	2.64 days	June 30	T-38C	876	877	10,890
								T-1A	840	938	9,872

Graduation speaker: Col. David Nichols, National War College instructor

Air Force Association
Columbus sponsors weekend convention

Airman Alyssa Wallace
14th Flying Training Wing

The Mississippi State Air Force Association convention is today and Saturday in downtown Columbus.

The AFA Chairman of the Board, retired Maj. Gen. Stephen "Pat" Condon, and four chapters of the association will attend the convention.

Activities will include an informal social and a dinner today, a POW-MIA charity golf tournament Saturday afternoon and an AFA dinner Saturday evening.

Anyone who is eligible and would like to become a member of the AFA should register at the Wingate Inn on 129 Brickerton St. in downtown Columbus today after 2 p.m.

The association invites Air Force enlisted, officers, reservists, guardsmen, veterans, cadets and

civilians to join its independent, non-profit organization.

AFA, which was founded on Feb. 4, 1946, now supports more than 142,000 members and 200 chapters.

According to the AFA Web site, AFA's mission is to educate the public about the critical role of aerospace power in the defense of our nation, advocate aerospace power and a strong national defense and support the U.S. Air Force and the Air Force Family.

AFA is led by volunteer leaders at the national, state and local levels. Its state organizations hold elections and conduct programs to increase public understanding of key national security issues in their communities. For more information, visit www.afa.org.



COMMAND

(Continued from Page 1)

The command also developed the first Air Force UH-1H and Huey II maintenance statement of work saving the Air Force an estimated 30 million dollars and benchmarked Safety's Command Mentorship program causing a 25 percent reduction in motorcycle mishaps, according to the award citation.

General Cook received the Distinguished Service Medal for his work as the AETC commander and was retired during the ceremony after 36 years of Air Force service.

The event concluded with a flyover of four T-38 Talons in a symbolic tribute to the Air Force careers of General Cook and General Looney — both of whom received their wings after completing flying training in the T-38.



Javier Garcia

Gen. William Looney accepts command of Air Education and Training Command at Randolph AFB, Texas, June 17.



Lt. Col. William Millonig
37th Flying Training Squadron



The 14th Flying Training Wing thanks Colonel Millonig for his leadership in commanding the 37th Flying Training Squadron, **Air Education and Training Command's Top Ops Squadron of the Year.** Colonel Millonig will relinquishes command of the 37th FTS Wednesday.

14TH FLYING TRAINING
WING DEPLOYED

As of press time, **24 BLAZE TEAM members are deployed** worldwide.

Remember to support the troops and their families while they are away.



SILVER WINGS

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Submission Deadline

The deadline for submitting copy for next week's SILVER WINGS is noon Monday. Articles may be dropped off at the public affairs office or e-mailed.

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Editorial content is edited, prepared and provided by the 14th Flying Training Wing Public Affairs Office of Columbus AFB, Miss.

The SILVER WINGS staff reserves the right to edit or rewrite all copy submitted when necessary. All photos are U.S. Air Force photos unless otherwise stated.

Submit all advertising to the Columbus, Miss., Commercial Dispatch advertising department one week prior to desired publication date. The advertising department can be reached at (662) 328-2427.

CAFB tap water meets 2004 drinking standards

Columbus AFB routinely monitors its drinking water for contaminants. “Our water is safe to drink,” said Capt. Kendra Gomez, bioenvironmental engineering office.

Water is involved in all stages of production; from the Coker Aquifer, treatment plants, and distribution systems to customers’ homes to assure it is of the highest quality.

In accordance with the “Consumer Confidence Reporting Rule” of the Federal Safe Drinking Water Act, Columbus AFB is required to report the water quality information to the consuming public.

The following is a snapshot of the quality of water that was provided last year. Included are details about where your water comes from, what it contains, and how it compares to standards set by regulatory agencies.

The base water supply is treated and distributed by Columbus Light and Water Company. The water is drawn through eight wells from the Coker Aquifer, a groundwater source, and is stored in various places, such as water towers, throughout the base. No further treatment is done by base personnel.

Contamination may occur as water travels over the surface of land or through the ground, dissolving naturally occurring minerals and, sometimes, radioactive material. It can also pick up substances resulting from the presence of animals or from human activity. Potential contaminants in source water include:

Microbial contaminants: such as viruses and bacteria, which may come from sewage treatment plants, septic systems, agricultural livestock operations and wildlife.

Inorganic contaminants: such as salts and metals that may occur naturally or result from urban stormwater runoff, industrial or domestic wastewater discharges, oil and gas production, mining or farming.

Pesticides and herbicides: might have a variety of sources such as agriculture, urban stormwater runoff and residential uses.

Organic chemical contaminants: such as synthetic and volatile organic chemicals, which are by-products of industrial processes and petroleum production, and can also come from gas stations, urban stormwater runoff and septic systems.

Radioactive contaminants: which can occur naturally or result from oil and gas production and mining activities.

Contaminants may be found in drinking

water that may cause taste, color, or odor problems. Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants.

These types of problems are not necessarily causes for health concerns. For more information on taste, odor, or color of drinking water, please contact the Bioenvironmental Engineering Office Ext. 2284 or the EPA's Safe Drinking Water Hotline at (800) 426-4791.

Some people may be more vulnerable than the general population to certain microbial contaminants, such as Cryptosporidium, in drinking water. Infants, some elderly or immuno-compromised persons such as those undergoing chemotherapy for cancer; those who have undergone organ transplants; those who are undergoing treatment with steroids; and people with HIV/AIDS or other immune system disorders can be particularly at risk from infections. People should seek advice about drinking water from a physician or health care provider. Additional guidelines on appropriate means to lessen the risk of infection by Cryptosporidium are available from the Safe Drinking Water Hotline (800) 426-4791.

For more information, call bioenvironmental engineering services at Ext. 2284, or the Columbus Light and Water Department at 327-0432. CL&W have regularly scheduled meetings on the third Thursday of the month, at 1:00 p.m. The location of the meetings is 420 4th Avenue South.

Table 1 lists all of the detected drinking water contaminants current for calendar year 2004. The presence of contaminants in the water does not necessarily indicate that the water poses a health risk. The EPA and the Mississippi State Department of Health require that the base monitor for certain contaminants less than once per year. Other contaminants may be only measured once every three years, but are still representative of the water quality.

Table 1: Water Quality Data Table							
Contaminant	MCLG	MCL	Units	Greatest Level Found	Sample Date	Standard Exceeded?	Likely Source of Contaminant
Microbiological Contaminants							
Total Coliforms	0	5%	Present/Absent	Present	Monthly 2004	No*	Naturally present in the environment
Volatile Organic Contaminants							
Haloacetic Acid	0	60	ppb	3.2	2004	No	By-product of drinking water chlorination
Total THM	0	80	ppb	6.3	2004	No	By-product of drinking water chlorination
Radioactive Contaminants							
Alpha Emitters	0	15	pCi/l	1	26 Nov 01	No	Erosion of natural deposits
Beta Photon Emitters	0	50	pCi/l	ND	26 Nov 01	No	Decay of natural and man made deposits
Inorganic Contaminants							
Antimony	6	6	ppb	ND	2004	No	Discharge from petroleum refineries; fire retardants; ceramics; electronics; solder
Arsenic	NA	50	ppb	ND	2004	No	Erosion of natural deposits; runoff from orchards, runoff from glass & electronics production wastes
Barium	2	2	ppb	0.009	2004	No	Discharge of drilling wastes; metal refineries; erosion of natural deposits
Beryllium	4	4	ppb	ND	2004	No	Discharge from metal refineries and coal-burning factories; electrical, aerospace, and defense industries
Cadmium	5	5	ppb	0.2	2004	No	Corrosion of galvanized pipes; erosion of natural deposits; discharge from metal refineries; runoff from waste batteries and paints
Chromium	100	100	ppb	1	2004	No	Erosion of natural deposits
Copper (90th percentile)	1.3	1.3 (AL)	ppm	0.012	19 Dec 03	No	Corrosion of household plumbing
Cyanide	200	200	ppb	ND	2004	No	Discharge from steel/metal factories; plastic and fertilizer factories
Fluoride	4	4	ppm	1.6	Monthly 2004	No	Erosion of natural deposits; water additive which promotes strong teeth; discharge from fertilizer and aluminum factories
Lead (90th percentile)	0	15 (AL)	ppb	25 E-8	19 Dec 03	No	Corrosion of household plumbing systems; erosion of natural deposits
Mercury	2	2	ppb	ND	2004	No	Erosion of natural deposits; discharge from refineries and factories; runoff from landfills and croplands
Nickel	NA	0.1	ppb	0.002	2004	No	Erosion of natural deposit s
Nitrate	10	10	ppm	0.08	24 May 04	No	Runoff from fertilizer use; leaching from septic tanks, and sewage; erosion of natural deposits
Nitrite	1	1	ppm	0.02	24 May 04	No	Runoff from fertilizer use; leaching from septic tanks and sewage; erosion of natural deposits
Selenium	50	50	ppb	0.001	2004	No	Discharge from petroleum refineries and mines; erosion of natural deposits
Sulfate	NA	250	mg/L	6.97	2004	No	Erosions of natural deposits
Thallium	0.5	5	ppb	ND	2004	No	Leaching from ore-processing sites; discharge from electronics, glass, and drug factories
* Total Coliform: Coliform was found in three samples; however, repeat sampling at each sample location, one sample upstream and one sample downstream was negative. Therefore, the positive samples was mostly likely a false positive. The false positive could be a collection error or a laboratory error.							

Term	Definitions
Action Level (AL)	The concentration of a contaminant that, if exceeded, triggers treatment or other requirements, which a water system must follow.
Greatest Level Found	Laboratory analytical result for a contaminant; this value is evaluated against an MCL or AL to determine compliance
Maximum Contaminant Level (MCL)	The highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.
Maximum Contaminant Level Goal (MCLG)	The level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.
mg/kg	Milligrams per kilogram; a unit of measure equivalent to part per million (ppm)
mg/L	Milligrams per liter; a unit of measure equivalent to part per million (ppm)
NA	Not Applicable
ND	Non detect. Contaminant not present or below the equipments detection capability
ppm	Parts per million; a unit of measure equivalent to a single penny in \$10,000
ppb	Parts per billion; a unit of measure equivalent to a single penny in \$10,000,000
Range	The range of the highest and lowest analytical values of a reported contaminant.
Trihalomethanes (THMs)	Byproducts of drinking water disinfection that contains natural organics

Here are several key terms to help understand the information in Table 1.

Give others insight to your character

Lt. Col. Mark Holland
14th Medical Operations Squadron

President Theodore Roosevelt once said, “Bodily vigor is good, and vigor of intellect is even better, but far above both is character.” How do we gain insight into an individual’s character?

We all have developed a list of attributes that define a person with an exceptional character. Exhibiting those attributes on a daily basis may be more difficult.

Recently, I learned of a hard working janitor named William Crawford. Mr. Crawford, simply known as “Bill,” was a janitor at the Air Force Academy in the late ‘70s.

There was nothing special about Bill. He went about his job sweeping floors, cleaning latrines and polishing anything that needed sprucing up. He was quiet and seldom spoke. Bill was essentially transparent to the cadets in the squadron and was rarely noticed even though he was among them on a daily basis.

All that changed one day in 1976. A cadet in the squadron was reading a

book on World War II. As he studied the book, he read a passage detailing a horrific battle on Hill 424 near Altavilla, Italy. What he read next was stunning.

Private William Crawford, a member of the Texas National Guard, was awarded the Medal of Honor “for conspicuous gallantry and intrepidity at risk of life above and beyond the call of duty” for his actions on Hill 424.

The janitor that was rarely noticed was a Medal of Honor recipient. A real hero was among them, and no one knew. Many lessons can be learned from this story, but one stands out to me — extend respect and courtesy to all with whom I come in contact — and I attempt to accomplish this on a daily basis.

The fact that Bill was “just” a janitor does not mean that he should be treated with any less respect or common courtesy than a high-ranking official.

He was afforded the utmost respect from the cadets after it became apparent that he was a Medal of Honor recipient. Mr. Crawford deserved that respect even if he never received the Medal of Honor.

As he became a tangible part of their

squadron and not the transparent janitor, the cadets quickly realized Bill had much to offer. What he had to offer was always there, but it took the discovery of his Medal of Honor for someone to begin to explore it.

We all deserve to be treated with respect and courtesy, independent of what rank, job title or responsibilities we may hold.

Everyone you come in contact with has something to offer. The question is — are you willing to take the time to explore what that may be?

One can gain great insight into another’s character by observing how they interact with others. How many times have we passed a co-worker without saying, “Hello?” Are we so busy that we do not have the time to offer a simple greeting?

Extending common courtesies to those we work with and expressing a sincere interest in what they have to say exhibits respect for them as a person and helps enhance an individual’s self-worth.

Over time, this leads to mutual respect and trust. An organization that consistently fosters an environment of

mutual respect and trust will truly become one team able to achieve its goals and accomplish the mission.

Bill may not have taught cadets the difficult concepts of chemistry or physics, but indeed schooled them on the crucial principles of mutual respect, courtesy, and self-worth. Long after the lessons in chemistry and physics have dissipated, Bill’s lessons will remain crystal clear.

Certainly, his character was filled with attributes each cadet will take with them to assist in their development as officers and leaders. How ironic that at an institution filled with military leaders, mentors and professors, the most important lessons came from a janitor.

President Theodore Roosevelt also said, “If between any two contestants the difference in character on the right side is as great as the difference of intellect or strength the other way, it is the character side that will win.”

Do not pass up the opportunity to give others insight into your character. Display respect and courtesy to all with whom you come in contact, and you will be continually recognized as a professional.

Straight Talk Line

The Straight Talk Line is your direct line to the commander for comments and suggestions on how to make Columbus AFB better. The Straight Talk Line phone number is 434-7058. Callers should leave their full name and phone number to receive an answer. All names are kept confidential. Written questions may be dropped off at the public affairs office in the wing headquarters building, Bldg. 724. People can also access the Straight Talk program through the Blazeweb at <https://columbusweb> and the main Web site at www.columbus.af.mil. Questions and answers will be edited for brevity.

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View From the Top General shares initial vector

Gen. William Looney
AETC commander



RANDOLPH AFB, Texas — As we join Air Education and Training Command, I wanted to let you know how excited and honored Marilyn and I are to become part of the team.

Excited because the mission is so diverse, dynamic and crucial to the future of our Air Force. Honored because of the magnificent heritage of this great command of service to our Air Force and our country.

My vision for our command is to deliver unrivaled Air and Space training and education. I believe we are already doing that and have done it for some time.

However, in this dynamic world of ours, with ever-changing demands and threats, we will constantly be required to adapt our training and educa-

tion to meet needs and requirements. This will require innovative thinking and flexible approaches to ensure we remain the recognized world center of excellence for training and education.

Our mission is quite simple and straightforward — AETC develops America’s Airmen today... for tomorrow. We do that by recruiting the force, training the force and educating the force. Although the words are easy to say and write, the challenge to make this a reality is huge and demands great professionals to “make it happen.”

Fortunately, we are blessed in AETC with highly motivated, uniquely talented, and totally dedicated warriors who “make it happen” every day.

As I begin my tour, I am committed to taking care of your professional, personal and family needs. You and all those like you represent the very best of our nation, and you deserve the very best in return.

It is my great privilege and honor to serve with you, and I look forward to the outstanding contributions we will make together to our Nation.

SARC: Professional confidante for sexual assault victims

DOD launches sexual assault prevention site

Jim Garamone
American Forces Press Service

WASHINGTON — Servicemembers who are victims of sexual assault or who need information on the Defense Department policy on preventing sexual assaults can find the information at a new Web site.

The site, launched by Joint Task Force Sexual Assault Prevention and Response, is basically a place to go to for information, said Brig. Gen. K.C. McClain, the task force commander.

The site has links to all the services' Web sites related to the sexual assault issue. It spells out what people can do if they are victims of sexual assault, the general said.

The designers of the new site, which recently went live, had to name the site with the initials of the organization — sapr.mil — rather than something like "sexualassault.mil" because too many firewalls would block out a request under that name, the general said.

The site is more than just a reporting site. If anyone has questions about the policy, the answers are available on the Web site.

"Because it is a DOD site, one could access this one site and get the overarching information," General McClain said. "Since we link to the service Web sites, an individual could get that information, too."

If a commander or a first sergeant has questions, this site should provide the answers, but if not, they can send an e-mail via the site to a Joint Task Force member.

General McClain said the group already is thinking of improvements. "We will add other things as we get them done," she said. "We're readying a commander's checklist on sexual assault prevention, for example."

A host of new options became available to survivors of sexual assault with the recent addition of a new BLAZE TEAM member — Dr. Mario Mercado, Columbus AFB's Sexual Assault Response Coordinator.

Not merely an additional duty, the SARC position is commonly held by a GS-12 rated Department of Defense civilian employee who reports directly to the base's wing vice commander. More than 200 SARCs are now on duty throughout the Air Force.

"My main purpose is to ensure the victim or survivor seeking assistance receives medical, mental health care and other services as appropriate," Dr. Mercado said. "Additionally, I will provide education and training to all military BLAZE TEAM members, as set forth by Air Education and Training Command and/or our vice wing commander."

Another responsibility of the SARC is to protect the identity of the survivor. A new process known as restricted reporting enables the SARC to control which agencies are reported to at what time. This allows the survivor to decide if and when they wish to report the assault to legal or law enforcement agencies, which could require the survivor to identify themselves in order for an investigation to take place.

"Once a victim chooses restricted reporting, I will make sure that the strictest confidentiality is maintained," Dr. Mercado said. "The only people that will be made aware of the individuals' choice will be the physician, psychologist or social worker providing their services. The aforementioned medical professionals are also bound by confidentiality, as are the assigned Victims' Advocates."

The SARCs will implement and manage the installation level Sexual Assault Prevention and Response Program and serve as consultant to the commander on institutionalizing core values for the Department of the Air Force, according to DOD officials.

"I am available 24 hours a day, seven days a week," Dr. Mercado said. "Individuals may also report directly to the medical treatment facility."

"Although if the individual seeking services reports to anyone other than a medical professional or me, they do not have the option of restricted reporting," he added. "The guidelines are very precise in the new realm of restricted reporting."

It does not matter how long ago a person became a sexual assault victim, Dr. Mercado said.

"Regardless of how recent the case, I will provide my services for the people requesting help," he said. "My focus is on the victims and making sure they receive concerned patient care with an emphasis on wellness. I will do whatever I legally can to ensure victims receive the help they need."

"Restricted reporting is beneficial in that victims are not 're-traumatized,'" he said. "Many victims report feeling re-traumatized by the system. With restricted reporting, the victim will see me, I'll assign a Victim's Advocate, and the victim will see a physician and/or mental health professional. Nobody else will be involved."

Victims will have the option of providing forensic evidence.

"Arrangements will be made to maintain confidentiality of forensic evidence," Dr. Mercado said. "A victim will have one-year to decide whether to remain restricted or go unrestricted. If the victim chooses to go unrestricted, all appropriate release of information forms will be completed and the Air Force Office of Special Investigations is brought into the case."

"If one-year lapses without a decision, the evidence will be destroyed and the case will remain restricted," he said. "A victim still has the option of going unrestricted after a year, but there may no longer be any evidence in possession or custody."

A SARC will spend most of his or her time implementing prevention and education measures at unit commander's calls



Airman 1st Class Cecilia Rodriguez
Dr. Mario Mercado is Columbus AFB's newly appointed Sexual Assault Response Coordinator and can be contacted at Ext. 2875.

and newcomers' briefings. In the event a sexual assault is reported, SARCs have undergone extensive training at Wright-Patterson AFB, Ohio, in preparation to help a survivor.

The SARC role ties in perfectly to the Wingman program, in which Airmen look out for the well-being of their fellow Airmen, officials said. SARCs hold a secondary title of Wingman Support Coordinator.

In addition to the base SARC, another crucial part of the sexual assault prevention effort is the Victim Advocacy program. A victim's advocate is a military or civilian employee volunteer who works as an extension of the SARC to minister directly to a survivor's needs. Members who wish to apply to be a VA may do so by contacting their unit SARC.

To contact Dr. Mercado, call Ext. 2875 or 364-0822. (Courtesy of AETC News Service and the 14th Flying Training Wing Public Affairs Office)

And the winner is ...



Pam Wickham
Capt. Raymond Madrid, 14th Services Division deputy commander, draws Airman 1st Class Franco D'Allesandro's name during the first monthly Stars and Strikes drawing. Airman D'Allesandro won a Tornado Warning bowling ball. This summer long promotion ends Aug. 15 with a drawing for \$500 in cash. For more information about the program, stop by the bowling center or call Ext. 2426.

Food, fun, recreation available for base people

Summer reading program: The base library summer reading program meets from 1 to 2 p.m. every Wednesday and is open to children in first through sixth grades. Call Ext. 2934.

Youth center camps: The youth center offers several camps for base youth.

A jazz camp is from 2:30 to 4 p.m. for ages 6 to 8, and from 4 to 5:30 p.m. for ages 9 and older Tuesdays and Thursdays July 5 through July 28. Cost is \$25 for youth center members and \$30 for nonmembers.

A computer camp is from 4 to 5 p.m. for ages 9 to 12 and from 5 to 6 p.m. for ages 13 and older July 5 through July 8. Participants will learn basic computer applications such as Microsoft Word and Powerpoint. The camp is free for youth center members and \$10 for nonmembers.

A creative writing camp is from 5 to 6 p.m. for ages 9 to 18 July 11 through July 15. Cost is free for youth center members and \$10 for nonmembers.

A cheerleading camp is from 9 to 11 a.m. for ages 6 to 9 and from noon to 2 p.m. for ages 10 and older July 19 through July 28. Cost is \$25 for youth center members and \$35 for nonmembers. For more information about the programs available at the youth center, call Ext. 2504.

Stained glass classes: The arts and crafts center offers these night-time classes for \$30 per person,

including all supplies. Dates and exact times of classes will be determined by the class participants. Call Ext. 7836.

Auto hobby shop summer special: The auto hobby shop offers an oil change and tire rotation for \$25 or an oil change, tire rotation and balance for \$40. For an appointment, call Ext. 7842.

Trip to Visionland theme park: The information, ticket and travel office offers this trip to Birmingham, Ala., July 9. Cost is \$35 for club members and \$38 for nonmembers, and includes transportation and a ticket to the park. The bus will depart outdoor recreation at 9 a.m. Call Ext. 7861.

Casino dinner trip: The information, ticket and travel office offers a trip to the Silver Star Casino in Philadelphia, Miss., July 15. Cost is \$25 for club members and \$28 for nonmembers, and includes transportation, \$15 in coins and a free buffet dinner. Call Ext. 7861.

Bowl for the Stars and Strikes: Bowling center patrons will "get punched" for every game or large Coca-Cola purchased during this summer-long program. Customers who accumulate 10 punches on their punch cards will receive two free games of bowling, a free soda and will be entered into a monthly drawing for a bowling ball. Call Ext. 2426.

AF club scholarship essay contest deadline July 15

Pam Wickham
14th Services Division

Air Force club membership is helping members and their families combat the costs of higher education for the ninth consecutive year.

Air Force-wide, six individuals will be selected to receive a combined total of \$25,000 in scholarship money from the Air Force club membership scholarship program.

To enter, provide an essay of no more than 500 words on the topic: "My Hero and Why." Essays exceeding 500 words will be disqualified; this requirement is strictly enforced. Participants must also provide a single-page summary of their long-term career/life goals and previous accomplishments. The summary may include civic, athletic and academic awards and accomplishments. Both the summary and essay must be attached to the entry application. These applications are available at the Columbus Club or the base education office.

Current Air Force club members and their

family who have been accepted by or are enrolled in an accredited college or university for entry during the 2005 fall term as a part-time or full-time student are eligible. Student enrollment status may involve either undergraduate or graduate curriculum.

"This is another example of the exclusive benefits of club membership," said Joe Smith, community support flight chief.

Scholarship awards are \$6,000 for first place, \$5,500 for second, \$4,500 for 3rd, \$3,500 for 4th, \$3,000 for 5th and \$2,500 for 6th place.

Essays must be typed in 12-point Arial or Times New Roman font, single-spaced with double-spacing between paragraphs and submitted on standard white bond paper with one-inch margins. Only one essay per eligible person may be submitted. Submit your entry to Fred McKenney, 14th Services Director, by July 15.

Final 2005-2006 school year scholarship awards will be announced by Oct. 11. All nominees submitted will be advised of scholarship selection or non-selection. For more information, call Ext. 2490.

Child development center openings: The child development center has openings in its full-day preschool program for ages 2 through 5. There is currently a waiting list for the half-day preschool program for ages 3 to 5 that meets Monday, Wednesday and Friday mornings.

Hourly care spaces are available for all ages for most days, and reservations can be made daily or up to two weeks in advance if space is available. Call Ext. 2479.

Swimming lessons: Independence Pool offers swim lessons for beginners, intermediate and advanced swimmers. Cost is \$40 per session, and classes meet Monday through Thursday mornings with Friday as a make-up day. The last sessions for the season are July 5 through July 15 and July 18 through July 28. Call Ext. 2491.

Quick shot bingo: The bowling center offers quick shot bingo anytime the bowling center is open. Cash prizes are awarded, and cards are \$1 each. Call Ext. 2426.

Services complex fees: The 14th Services Division complex is available for non-official functions for a nominal fee of \$35. This fee is to offset the cost of setting up and cleaning the facility after each use. The complex is available at no charge for official functions such as commander's calls, promotion ceremonies and official briefings. Examples of non-official functions are birthday parties, wedding receptions and potluck luncheons. To reserve the complex, stop by the youth center.

Chapel Schedule

Catholic

Sunday:
9:15 a.m. — Mass
5 p.m. — Confessions
5:30 p.m. — SUPT Mass

Protestant

Sunday:
9 a.m. — Adult study and children’s
one room Sunday school
10:45 a.m. — Combined service
(Contemporary/Traditional)
Wednesday:
9:30 a.m. — Ladies Bible study
11:30 a.m. — Lunchtime study
5:30 p.m. — Pot luck supper and
overview of Bible study

Religious studies

A chapel community provides a variety of religious studies every Wednesday at the chapel annex. A ladies’ study, “Managing Your Time” by Jean Syswerda, is from 9:30 to 11:30 a.m.; a lunchtime study, “The Fruit of the Spirit” by Stuart Briscot, is from 11:30 a.m. to 12:30 p.m.; and an evening study, an overview of the Bible led by Tom Marlin, is from 5:30 to 7:30 p.m. For more information about these studies and other programs, call the chapel at Ext. 2500.

Base Notes

Retirement ceremony

All BLAZE TEAM members are invited to Lt. Col. Stanley Spillers retirement ceremony at 2 p.m. Thursday at the 14th Services Division complex.

Free Six Flags admission

Six Flags over Georgia offers free admission to active-duty Air Force members Thursday. To redeem up to 5 free tickets, servicemembers or spouses must show a current military ID at any Six Flags Over Georgia ticket booth.
Active-duty members of the Army, Navy, Marine Corps, Air Force and Coast Guard can also receive half off one-day admission to the park Monday through July 4 for \$21.99 plus tax. To redeem this discount, servicemembers or spouses must show a current military ID at any Six Flags over Georgia ticket booth to receive tickets for themselves and immediate family members. For more information, visit sixflags.com/georgia or call (770) 948-9290.

Commissary hours

The Sunday commissary hours of opera-

tion have changed; the store opens at 11 a.m. and closes at 5 p.m. Store hours for the rest of the week are as follows: closed Monday; 9 a.m. to 6 p.m. Tuesday, Friday and Saturday; 10 a.m. to 6 p.m. Wednesday; and 10 a.m. to 8 p.m. Thursday. For more information, call the commissary at Ext. 7109.

Family Support Center

(Editor’s note: *All activities are offered at the family support center unless otherwise specified. For more information about any of the activities listed, call Ext. 2790.)*

Sponsorship training

A workshop designed for all unit introduction monitors is at 9 a.m. June Tuesday. Training includes the importance of effective sponsorship and resources available for both sponsors and newcomers.

Employment letters

A workshop explaining examples and the purpose of employment letters is from 9 to 10 a.m. July 6.

TAP workshop

A transition assistance workshop for personnel who are within one year of retirement or separation from the military is from

7:30 a.m. to 4:30 p.m. July 12 through July 14. To sign up, call Ext. 2839.

Health benefits

A seminar with information about health benefits available to personnel who are separating or retiring from the military is from 3:30 to 4:30 p.m. July 13.

Veterans Affairs

A Department of Veterans Affairs benefits seminar is from 11 a.m. to noon July 14.

Employment assistance

A workshop about employment assistance from the Mississippi Department of Employment Security for people retiring, separating or new to the area is from 2:40 to 3:05 p.m. July 14.

Government applications

A workshop on federal employment and the Small Business Administration is from 3:15 to 3:45 p.m. July 14.

Smooth move

A workshop for relocating families is from 10 a.m. to noon July 19. Participants will learn what to expect from the travel management office, housing, military pay, legal, billeting, Tricare and the family support center. Registration is required by July 18.

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Today
“Kingdom of Heaven”
(R, strong violence and epic warfare, 145 min.)
Starring: Orlando Bloom and Eva Green.

Saturday
“Monster In Law”
(PG-13, sex references and language, 96 min.)
Starring: Jennifer Lopez and Jane Fonda.

All movies are shown at 7 p.m. at the base theater, unless otherwise noted. For more information, visit www.cafb.services.com.

Daily historic home tours: The public is invited to tour Columbus historic homes daily. For more information about schedules and admission, drop by the Mississippi Welcome Center or the Columbus Historic Foundation, or call (800) 920-3533.

Stitches From the Heart: Stitches From the Heart seeks volunteers to knit, crochet or quilt blankets, sweaters and hats for babies in need. For more information, call Kathy Silverton at (866) 472-6903.

Patriotic celebration: East End Baptist Church sponsors the 11th Annual Let Freedom Ring patriotic celebration at 7 p.m. Saturday and 4 p.m. Sunday at Heritage Academy High School.

The event is free and open to the public. Heritage Academy is located on Magnolia Lane in downtown Columbus. For more information, call Gary Walker at 328-5915.

Health Explosion: The NAACP Mississippi State Conference Youth and College Division Chairperson, Ashley Andrews, sponsors the 2005 Health Explosion at 3 p.m. Saturday at Poindexter Auditorium at the Mississippi University for Women campus. The program will focus on educating Mississippi African Americans about teen pregnancy and sexually transmitted diseases.

On-site HIV testing will be available. The program will include speakers, special guests and a theatrical performance.

For more information, call Ms. Andrews at 601-250-0959.

First Friday Nite Gospel Sing: The McAdams Quartet hosts the First Friday Nite Gospel Sing from 7 to 9:30 p.m. July 1 at the Princess Theatre. The event features different local talent each month. Admission is \$6 per person. For more information, call 328-5016.

Flea market: The Liberty Volunteer Fire Department sponsors the Big 50 Booth Flea Market and garage sale at 7 a.m. July 2 in Liberty, Ala. To reserve space for the fundraising event, call 205-662-3407.

For more event listings, visit www.columbus-ms.org.

BARGAIN LINE

Bargain Line advertisement

The Bargain Line is free for all military members (including guard and reserve members), DOD civilians, military retirees, family members and contract employees.
Bargain Line advertisements must be turned in to the Silver Wings office in the 14th Flying Training Wing headquarters building by noon Monday to be included in the following week’s issue. Late ads will be held over for the next issue.
Reruns must be phoned in to the Silver Wings office, 434-7068, by noon Monday for inclusion in the next week’s issue. Please do not re-submit ads for rerun on this form. Advertisements should contain a home phone number, home address or both. Duty phone numbers will not appear in the ads.
Advertisements for private businesses or services providing a continuous source of income, such as baby-sitting or rental property, may not appear in the Bargain Line. They may, however, be purchased through the Silver Wings publisher, 328-2424. Please fill out this form completely. The Silver Wings staff reserves the right to edit ads as necessary.

Type of advertisement (circle one)	Home	Transportation	Miscellaneous	Yard sales	Pets
Print advertisement					
Name					
Home Telephone #			Duty Telephone #		
(in case we need more information)					
Please let us know what you think of the Silver Wings:					
Are you happy with the Silver Wings? Yes <input type="checkbox"/> No <input type="checkbox"/>					
What would you like to see more of in the newspaper? News <input type="checkbox"/> Sports <input type="checkbox"/> Photos <input type="checkbox"/> Other					
If you would like to give any other suggestions, please e-mail us at silverwings@columbus.af.mil .					

Golfers named scramble champions for 3rd year

Pam Wickham
14th Services Division

The team of Bart Bartowick, Roy Wood, John Sykes and Bob LeTourneau answered every challenge that defending champions George, Michael, Scott and Brian Hinnant threw at them in the 4th Annual Super Sonic Golf Scramble Saturday and Sunday at Columbus AFB's Whispering Pines Golf Course.

The champions posted a two-day total of 105 for 35 under par while the defending champions came in at 30 under par.

This will be the third year that the team of Bartowick, Wood, Sykes and LeTourneau took the title from their home course of Whispering Pines, losing to the Hinnant family by one stroke last year.

Tournament sponsor, Avery Sims of Sonic Drive-in on Highway 45, said, "This is my way of saying thanks for all that the base does for the community and for our country."

Other hole sponsors were Columbus Kia who sponsored a hole-in-one contest for a Kia Serento, Cable One, Coca Cola, Cellular South, PJ's Barbecue &

Catering, Pepsi Americas, Budweiser, Lowndes County Radial Tire, Brown, Boyd & Brown, Peppers, The Grill and Harveys. (Federal endorsement of sponsors not intended.)

More than 30 teams participated in the two day event posting scores with three flights being awarded prizes.

The first flight winners were the team of Jim Green, Bill Gates, Peter Michgelsen, and Keith Bickerstaff posting a two-day score of 117.

The second flight winners were the team of Jack and Jo Martin, Walt Boltwood and John Rogowski who posted a two-day score of 125.

According to Ricky Magers, Whispering Pines PGA golf professional, "Without the support of people like Avery Sims, the hole sponsors and the community, the success we have with this tournament would not be possible."

Upcoming Whispering Pines Golf Course tournaments open to the public are a two-person mixed scramble Aug. 6 and a three-lady golf scramble Sept. 24. For more information about these tournaments, call the golf course at Ext. 7932.



Pam Wickham

Roy Wood putts as teammate John Sykes looks on during the 4th Annual Super Sonic Scramble Sunday at Whispering Pines Golf Course. Wood, Sykes, Bart Bartowick and Bob LeTourneau were named tournament champions for the third year.

Shorts

Season swimming passes

Season passes for Independence Pool are on sale now at outdoor recreation. The pool is open from 11 a.m. to 7 p.m. Monday through Friday, and from noon to 7 p.m. Saturday and Sunday. Cost is \$1 per day for eligible patrons and their family members or \$2 per day for non-family member guests. Admission will be free throughout July due to the profits of the base recycling center. For more information, call Ext. 2507 or Ext. 2491.

AFA golf tournament

The Golden Triangle Chapter of the Air Force Association sponsors its 17th Annual POW/MIA Golf Tournament Saturday at the Columbus Country Club with a shotgun start at 1 p.m. Entry fee is \$40 per player for the one-day, three-person scramble. Ladies and mixed teams are welcome. Registration is from 11:30 a.m. to 12:30 p.m. Saturday at the Columbus Country Club Pro Shop. All proceeds from the tournament will support scholarships for enlisted active-duty personnel, Air Force ROTC cadets and aerospace education in Golden Triangle public schools. For more information, call 434-2645 or 240-4046; or e-mail dwain.s@lycos.com.

British soccer youth camp

This youth camp is from 8 to 11 a.m. or 5 to 8 p.m. July 18 through July 22. Cost is \$100 per person and includes a soccer ball and t-shirt. Participants must register at the youth center. For more information, call Ext. 2504.

From 1.5 miles to 61 marathons

Lisa Terry McKeown
43rd Airlift Wing

POPE AFB, N.C. — For some, running is something to do only when being chased, but for an Airman here, pounding the pavement has become a way of life.

Chief Master Sgt. David Hamel, 23rd Maintenance Squadron a 28-year veteran assigned to the 23rd Maintenance Squadron, used to fear running the 1.5 miler for the fitness test.

"I used to try and just get through it," he said.

Sixty-one marathons later, fear is no longer part of his fitness test vocabulary.

It all began in 1988. Chief Hamel was stationed in Okinawa, Japan, and was dealing with everything from high cholesterol and a divorce to the closing down of a unit. He started running with a local running group as a way to try and change his lifestyle.

"It was a way to end something old and start something new," Chief Hamel said.

"I had run on and off before," he said. "Then I got to the point where as I kept running, it helped me keep more of a balance with everything that was going on."

Chief Hamel ran his first marathon December 1990 in Naha, Japan. He ran the 26.2-mile race in 4 hours, 9 minutes.

Since 1990, the 46-year-old chief has run 61 marathons in 35 states. He averages four to five races a year and has run only one of the numerous races more than once. His goal is to run at least one marathon in every state and to complete 100 marathons.

Running has not only become a huge piece of his life, but it has also changed the way he looks at the days as they come and go.

"Running is about life," he said. "It's putting one foot in front of the other, standing on your own two feet and taking things in stride. You run your own race at your own pace — not somebody else's race.

"You learn that there are some things that you can control and others that you can't," he said. "You finish what you start, and you never run

from something, but to something."

Out of a marathon's 26.2 miles, Chief Hamel said it is the first six that are the toughest.

"You go out easy and start out slow," he said. "You're taking in all the elements. Once you find your groove after those first few miles, it determines the rest of the race."

His running crosses over into his career in ways other than his annual fitness test. The chief does not play up his running, but when he runs with his troops, he lets his running speak for itself.

"With today's fit-to-fight force, it's important for the troops to see that even an 'old' chief can hold his own" he said.

It is more than just his ability to run with his troops and smoke the fitness test that shows through in his work. It is the example Chief Hamel sets through the life lessons that running has helped him learn.

"I've learned that you finish what you start," he said. "If you do that, you will not only be successful in running, but in your military career and in life."